

# WOMEN EMPOWERING WOMEN

## THE VILLAGES PERSONAL GROWTH LIFESTYLE CLUB



*Empowering, educating, and energizing women residents to enjoy a happy, healthy, productive lifestyle.*

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**We meet the 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month,  
5 - 630pm**

**at Eisenhower Recreation Center.**

**(Women Only) \*\*\*Villages Resident ID Required**

Meetings are free and do not require RSVP.

Members can only attend one meeting per month.

# **WE GOT THIS!**

Email: [EmpowerYourPowerClub@gmail.com](mailto:EmpowerYourPowerClub@gmail.com)  
[www.EmpowerYourPowerClub.com](http://www.EmpowerYourPowerClub.com)